

Imported mycosis: an update

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Imported systemic mycoses

Factors related to imported mycosis

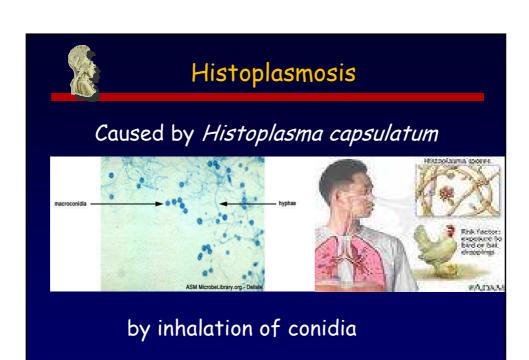
- Increasing world travelling
- Migration
- · Climate changes
- HIV pandemic

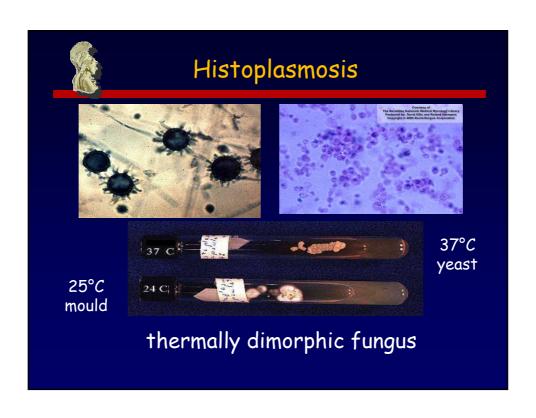


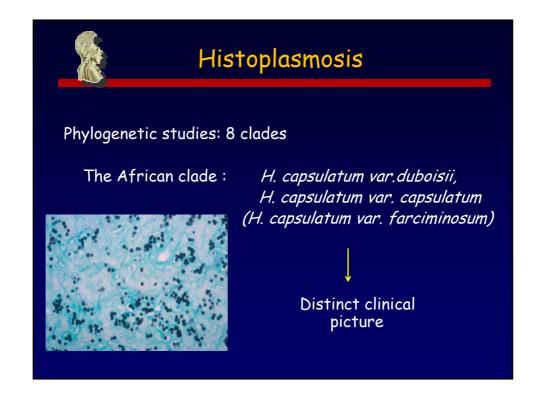
Imported systemic mycoses

Most common

- * Histoplasmosis
- * Coccidioidomycosis
- Paracoccidioidomycosis
- * Blastomycosis
- * Penicilliosis marneffei



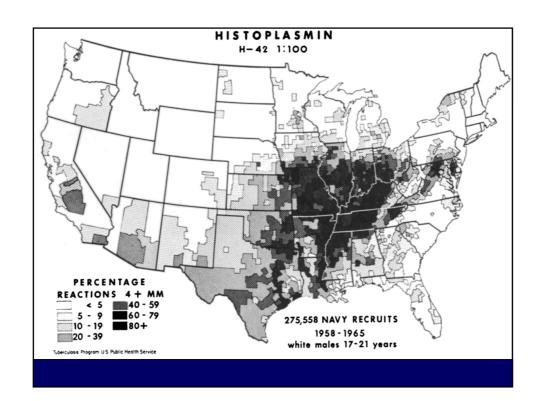


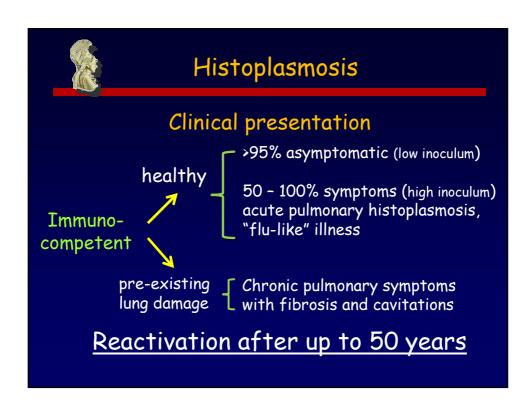




Histoplasmosis Epidemiology

- Has been reported from all continents
- Is endemic in North, Central and South America, Africa, India and Southeast Asia.
- Fungal growth is promoted by the presence of bird or bat droppings in moist soil
- Outdoor activities like cave exploration carry a high risk







Clinical presentation

Immunocompromised --> or extremes of age Disseminated infection (via the reticulo-endothelial system) nearly all organs affected

Prevalence in HIVinfected in hyperendemic areas before HAART era: up to 30%

Histoplasmosis Forms of the disease		
CATEGORIES	NOTES	
Asymptomatic	Occurs in 50-90% of infected individuals	
Acute & symptomatic 1Self-limited (Flu-like syndrome) 2 Acute Pulmonary	 It usually goes unrecognized Diffuse or localized pneumonitis. "Buckshot" appearance on chest radiograph with subsequent calcification in cases of heavy exposure. It may be severe enough to require ventilatory support 	
3 Acute Pericarditis	•Freuently associated with intrathoracic adenopathy	
4 Rheumatologic manifestations	 Pericardial fluid is usually sterile Arthralgias, arthritis, erythema nodosum, and/or erythema multiforme 	



Symptoms

- Fever, headache, malaise, dry cough, chest pain (sec. to mediastinal lymphadenopathy or pericarditis)
- > Arthralgias, erythema nodosum, erythema multiforme
- > Pneumonitis on imaging
- > Skin lesions
- > Retinal lesions
- Complication: massive enlargement of mediastinal lymph nodes, fibrosis





Acute primary histoplasmosis

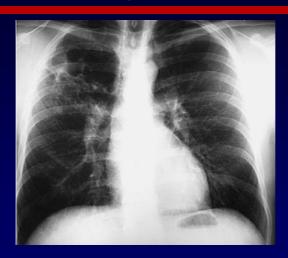
Histoplasmosis Forms of the disease

Chronic Pulmonary

Radiologic presentations include :

- 1. a Ghon complex suggestive of tuberculosis,
- 2. histoplasmoma,
- 3. and cavitary disease





Chronic histoplasmosis

Histoplasmosis Forms of the disease

Fibrosing Mediastinitis

 Rare form that produces an intense deposition of fibrotic tissue in the mediastinum encroaching vital structures such as the superior vena cava, esophagus and trachea.

Disseminated infection

- In the immunocompromised and extremes of age
- · Adrenal insufficiency in 10%

DISSEMINATED HISTOPLASMOSIS: CLINICAL PRESENTATIONS

CLINICAL MANIFESTATION

Lymph nodes

Lymphadenitis

Anemia , Leukopenia, Thrombocytopenia

Heart

Endocarditis

Enlargement without symptoms Addison's disease

DISSEMINATED HISTOPLASMOSIS: CLINICAL PRESENTATIONS		
CNS	Chronic Meningitis Cerebritis Mass	
GI tract	Oral ulcers Small bowel micro and macro ulcer	
Eyes	Uveitis Choroiditis	
Skin Genitourinary tract	Papular to nodular rash Hydronephrosis Bladder ulcers	
osimiodi mai y 11 de i	Penile ulcers Prostatitis	









Skin manifestations of disseminated histoplasmosis in an HIV-positive pt



Histoplasmosis

Histoplasmosis in **Europe**: Report on an epidemiological survey from the ECMM Working Group

• 118 proven or probable cases, from Jan. 1995 - Dec. 1999

Clinical presentation	No of patients	
disseminated disease	62	
acute pulmonary infection	31	
chronic pulmonary infection	6	
localized disease	2	
Incidental after investigation for lung cancer	17	

Ashbee et al., Med Mycol. 2008 Feb;46(1):57-65



Cases of histoplasmosis in Europe (1995 – 1999)

Country	Retrospective	Prospective	Total
,	Jan 95 - Dec	Jan 98 - Dec	
	97	99	
Germany	23	23	46
Italy	14	8	22
UK	10	9	19
France	8	2	10
Belgium	1	5	6
Sweden	5	1	6
Switzerland	0	4	4
Austria	1	1	2
Bulgaria	2	0	2
Turkey	1	0	1
Total	65	53	118

Ashbee et al., Med Mycol. 2008 Feb;46(1):57-65



Histoplasmosis

Risk factors	No of patients
Traveling endemic area of whom:	106
HIV infection CD4 < 150/µl	45
Exposure to birds, bats, caves	26
Corticosteroids	7
malignancy	2
Recipient infected liver	1
unknown	12

Ashbee et al., Med Mycol. 2008 Feb;46(1):57-65



- Most patients had travelled to known endemic areas,
- 8 patients (from Italy, Germany and Turkey had not been outside their countries of origin and hence these cases appear to be autochthonous.
- The observation of autochthonous cases of disease suggests that the endemic area of histoplasmosis is wider than classically reported and supports continued surveillance of the disease throughout Europe.

Ashbee et al., Med Mycol. 2008 Feb;46(1):57-65



Histoplasmosis

Cases of histoplasmosis in Europe (1998- 2006) PubMed query

country	No of patients
Netherlands	14
Greece	1
France	4
Spain	24
Austriia	3
Italy	5
Belgium	2
Switzerland	1



Diagnosis

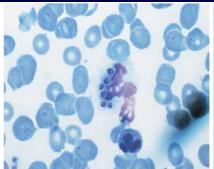
- ➤ Isolation from blood (85% positive), BAL, bone marrow or tissues ("gold standard", disadvantage: time)
- Urine Ag EIA (sens. >92% in dissem.), serum Ag lower sensitivity
- > Serology sens. 71% (low sensitivity in immunocompromised)
- Histology (typical budding yeasts in macrophages)
- ▶ Pancytopenia and ↑↑↑ LDH → positive predictor
- Real-Time PCR (ITS region of ribosomal DNA), 100% specificity, 77.3% sensitivity —> promising
- > Histoplasmin skin test: obsolete (insensitive in dissem. Inf.)

Histoplasmosis Diagnosis

- Isolation from sputum
- Urine antigen (low sensitivity in acute infection, high in disseminated infection)
- Serology
- Stains of peripheral blood or sputum
- Histoplasmin skin test: only for epidemiological studies

· Stains of the bronchoalveolar lavage







Histoplasmosis

Therapy guidelines

EvidenceNbased guidelines for the management of patients with histoplasmosis were prepared by an Expert Panel of the Infectious Diseases Society of America.

These updated guidelines replace the previous treatment guidelines published in 2000: Wheat et al. Clin Infect Dis 2007; 45:807-25



Therapy guidelines

Progressive Disseminated Histoplasmosis

Amphotericin B deoxycholate (1.0 mg/kg daily for 4-6 weeks) is recommended (AIII).

Amphotericin B deoxycholate (1.0 mg/kg daily for 2-4 weeks) followed by itraconazole (5.0-10.0 mg/kg daily in 2 divided doses) to complete 3 months of therapy is an alternative (AIII).



Histoplasmosis

Therapy guidelines

Progressive Disseminated Histoplasmosis

- •Longer therapy may be needed for patients with severe disease, immunosuppression, or primary immunodeficiency syndromes (AIII).
- Lifelong suppressive therapy with itraconazole (5.0 mg/kg daily, up to 200 mg daily) may be required in immunosuppressed patients if immunosuppression cannot be reversed (AII)

and in patients who experience relapse despite receipt of appropriate therapy (CIII).



Coccidioidomycosis History

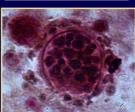
- 1892: First reported as disease
- · 1920-1930
 - Soil recognized as reservoir for agent
- · 1987
 - CDC adds coccidioidomycosis to annual survey of HIV-associated diseases
- · 1991-1995
 - Incidence increases tenfold in San Joaquin Valley, CA

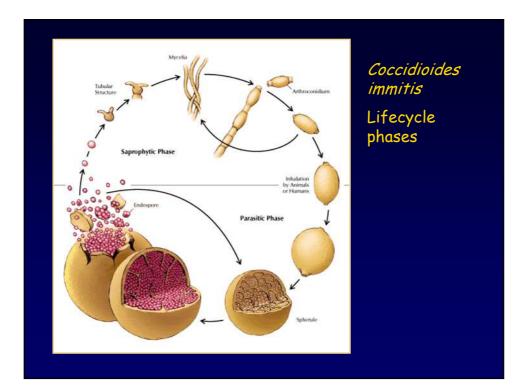


Coccidioidomycosis

- Dimorphic fungus
 - Saprophytic phase
 - Parasitic phase
- From soil or dust
 - Arthroconidia become airborne, inhaled
 - Transform into spherule and endospore







Human Transmission

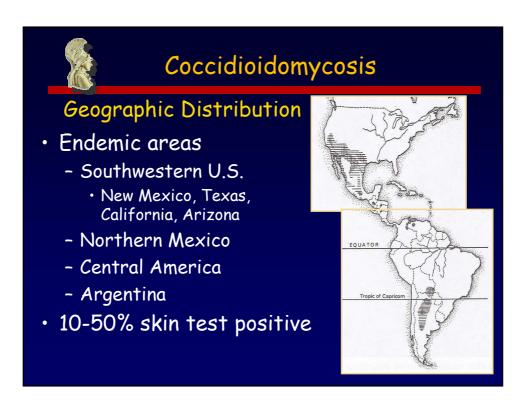
- Direct inhalation of C. immitis spores
 - Present in contaminated soil and dust
 - Only established mode of transmission
- Not person-to-person
- Not animal-to-person
- · Increased incidence after disturbance

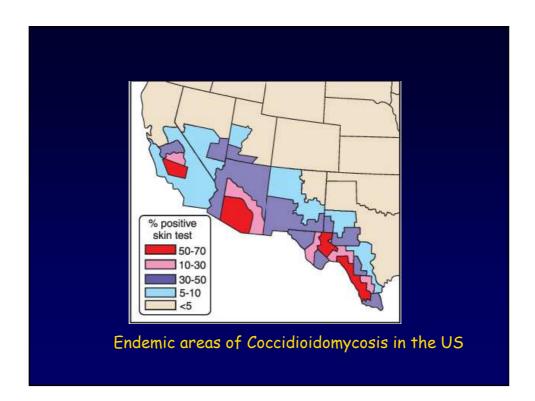
Human Transmission

- Natural disturbances
 - Dust storms
 - Earthquakes
- Human disturbances
 - Construction sites
 - Archaeological digs











Epidemiology

- Endemic in South-Western US, Mexico, S. America
- Inhalation of conidia in arid areas, after sand storms
- In Europe, scattered case reports from pts returning from Arizona, California or Mexico



Case reports from Europe (PubMed since 1975)

1: Pulmonary Coccidioides nodule in a Swiss patient with

Hombach M, Stulz P, Arnold W, Pfyffer GE.
J Med Microbiol. 2008 Nov;57(Pt 11):1427-30.

Chandesris MO, Hot A, Dannaoui E, Bougnoux ME, Viard

JP, Dupont B, Lortholary O.
Med Mal Infect. 2008 Jun;38(6):336-42. Epub 2008 Feb 14. French.

3: Imported concomitant coccidioidomycosis and

Pistone T, Lacombe K, Poirot JL, Girard PM, Meynard JL. Trans R Soc Trop Med Hyg. 2005 Sep;99(9):712-5.

Petrini B, Sköld CM, Bronner U, Elmberger G.

Respiration. 2003 Nov-Dec;70(6):651-4.

Fohlman J, Sjölin J, Bennich H, Chryssanthou E, Von Rosen

M, Petrini B. Scand J Infect Dis. 2000;32(4):440-1.

Holemans X, Levecque P, Despontin K, Maton JP. Presse Med. 2000 Jul 1;29(23):1282-4. French.

7: Coccidioidomycosis in Hu Zalatnai A, Zala J, Sándor G.

Pathol Oncol Res. 1998;4(2):147-51.

Papadopoulos KI, Castor B, Klingspor L, Dejmek A, Lorén I, Bramnert M. J Intern Med. 1996 Mar;239(3):275-8.

Schweiz Med Wochenschr. 1976 May;106(19):650-6. French.

Alanko K. Kahanpää A. Pätiälä J.

Acta Med Scand. 1975 Sep;198(3):235-40.

Only 7 cases have been reported in Europe from 1998 - 2008,

although an increase in incidence has been reported in the USA for reasons not fully understood.



Coccidioidomycosis

- Two forms in humans
 - 60% asymptomatic
 - · Only identified with positive skin test
 - 40% mild to severe disease
 - · Can be fatal
 - · Immuno-compromised persons highly susceptible to serious infection
- Difficult to assess morbidity in animals



Clinical Signs: Primary Form

- Incubation period: 1-4 weeks
- Usually subclinical
- Fever, chills, cough, sore throat
- · Chest pain
- · Nodular lesions
- Nonspecific respiratory symptoms
- · Complications less common
 - Pneumonia, pleural effusion



Coccidioidomycosis

Clinical Signs: Disseminate Form

- Severe form of disease
- Weeks to months to years after primary infection
- Symptoms include
 - Low-grade fever, anorexia, weight loss
 - Muscle aches and stiffness, weakness
 - Excessive sweating
 - Widespread focal lesions
- In HIV-infected persons
 - Mucopurulent or bloody sputum





The rash is a immunologic response to the fungus. Most commonly seen in Caucasian women.



The multiple skin lesions have resulted from dissemination from the lungs.



Coccidioidomycosis



Cavitary Coccidioidomycosis





Severe Coccidioidal pneumonia in HIV-positive pt

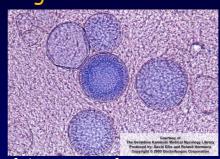


Coccidioidomycosis

Diagnosis

Direct examination

(helpful but not very sensitive)



Direct microscopy of skin scrapings from a cutaneous lesion mounted in 10% KOH and Parker ink solution showing characteristic endosporulating spherules (sporangia) of Coccidioides immitis.

The presence of spherules with endospores is diagnostic.



Sampling

- Before collecting or sending any samples, the proper authorities should be contacted
- Samples should only be sent under secure conditions and to authorized laboratories to prevent the spread of the disease



Coccidioidomycosis

Diagnosis

- · Differentials
 - Tuberculosis
- · Clinical
 - Coccidioidomycosis should be considered
 - · In endemic areas
 - · Following a dust/soil disturbance
 - · With characteristic clinical signs



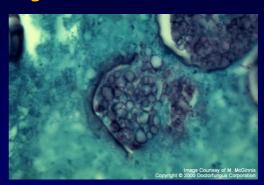
Diagnosis

Histological stains

more sensitive: Grocott- silver

occasionally Giemsa, Papanicolau, mucicarmine <u>NO GRAM</u>

Culture at 25°C and 37°C





Coccidioidomycosis

Diagnosis

- · C. immitis spherules visualized in
 - Sputum, pleural fluid, cerebrospinal fluid or exudates from draining lesions
- · Complement fixation
 - IgG anticoccidioidal antibodies
 - Titer ≥1:4 = current or recent infection
 - Titer ≥1:32 = increased risk of extrapulmonary dissemination
- · Skin test of epidemiological value

Treatment

- · Primary coccidioidomycosis
 - Treatment generally unnecessary
- Severe/chronic coccidioidomycosis
 - Antifungal agents effective
 - Prognosis generally good
- Disseminate coccidioidomycosis
 - May require invasive or long-term therapy
 - Prognosis poor to guarded



Coccidioidomycosis

Therapy guidelines

EvidenceNbased guidelines have been issued by an Expert Panel of the Infectious Diseases Society of America:

<u>Galgiani et al, CID 2005;41: 1217-23</u>



Caused by *Paracoccidioides brasiliensis* (Dimorphic fungus)







Characteristic morphology of budding cells, resembling Mickey mouse

Paracoccidioidomycoses

- ·Paracoccidioidomycosis is a chronic granulomatous disease that characteristically produces a primary pulmonary infection, often inapparent, and then disseminates to form ulcerative granulomata of the buccal, nasal and occasionally the gastrointestinal mucosa.
- •The disease in its inception and development is similar to blastomycosis and coccidioidomycosis. The only etiological agent, *Paracoccidioides*brasiliensis is geographically restricted to areas of South and Central America.



Epidemiology

- Geographically restricted to Latin America.
- In Europe the disease is very rare and only 11 cases have been reported in the literature since 1979, as infections in travelers to Latin America.



Paracoccidioidomycosis

Epidemiology

PubMed query since 1979

country	No of patients
Spain	6
Netherlands	1
Italy	2
Germany	1
Austria	1
Switzerland	1



Clinical presentation

- ➤ Most common manifestation pulmonary, resembles tuberculosis
- ➤ All organs and mucous membranes can be affected by lymphatic dissemination
- Long silent period before symptoms appear (6 months to 40 years)
- ➤ Rare in children and young adults (5 10%)



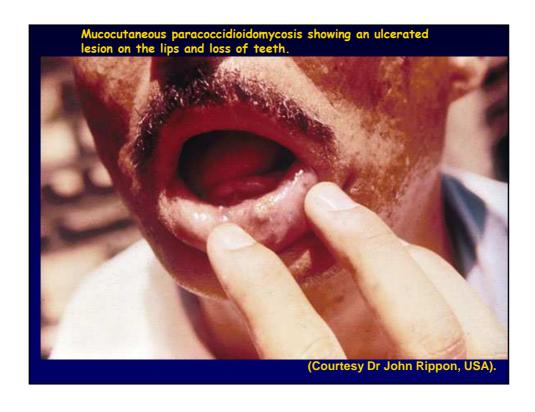
Paracoccidioidomycosis

Clinical presentation



Granulomatous lesion involving the nose following dissemination from the lungs.









X-ray of a patient with paracoccidiomycosis

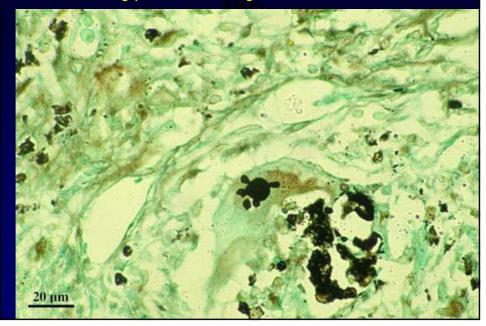


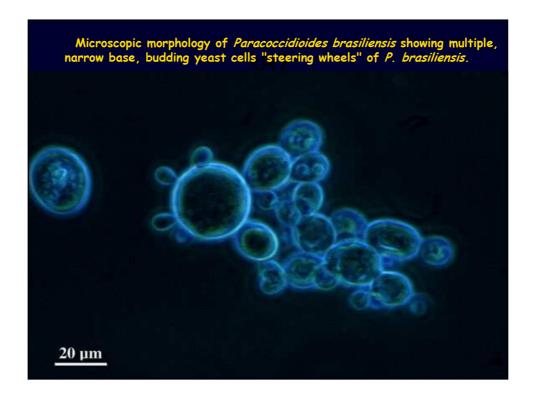
Paracoccidioidomycosis

Diagnosis

- Direct examination of histopathological sections with PAS, H-E and mainly Grocott stains revealing the presence of budding yeasts.
- Culture at 25°C and 37°C

Grocott's methenamine silver (GMS) stained lung tissue section showing multiple, narrow base, budding yeast cells "steering wheels" of $P.\ brasiliensis$.





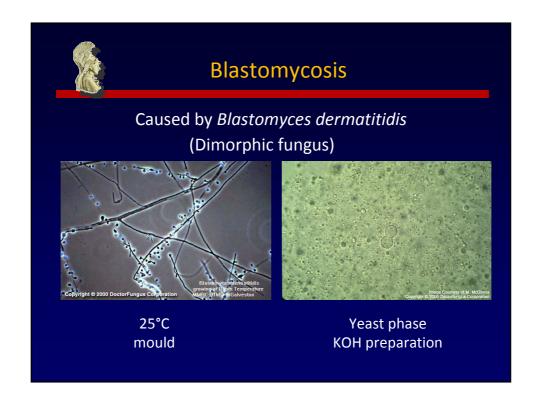


Therapy

Azole derivatives. Itraconazole the drug of choice (<5% relapse)

Sulfamethoxazole-trimethoprime combination

Amphotericin B



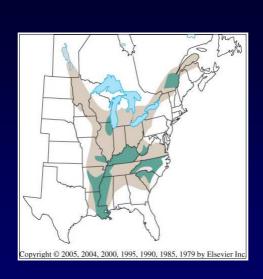


Blastomycosis

Epidemiology

Most often in persons living in midwestern, southeastern, and south central United States and the Canadian provinces that border the Great Lakes and the St. Lawrence Seaway.

Recent reports have shown an increase in the incidence of blastomycosis in some of these regions.



Endemic areas of Blastomycosis



Blastomycosis

Clinical presentation

- > From subclinical infection to acute or chronic pneumonia
- A subset of individuals with acute pulmonary blastomycosis can progress to fulminant multilobar pneumonia and ARDS.
- ▶25%–40% develop extrapulmonary infection manifested by cutaneous, osteoarticular, genitourinary, or CNS disease.
- Disseminated blastomycosis occurs more frequently in immunosuppressed individuals, such as organ transplant recipients and those infected with HIV.

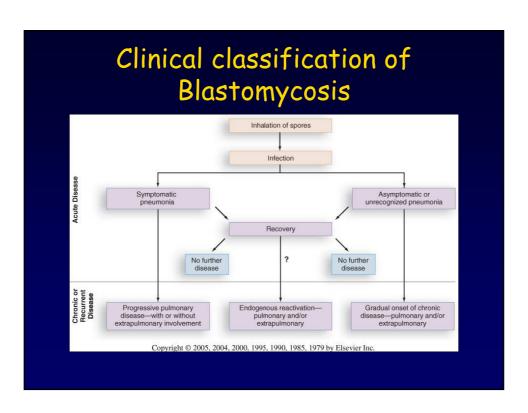


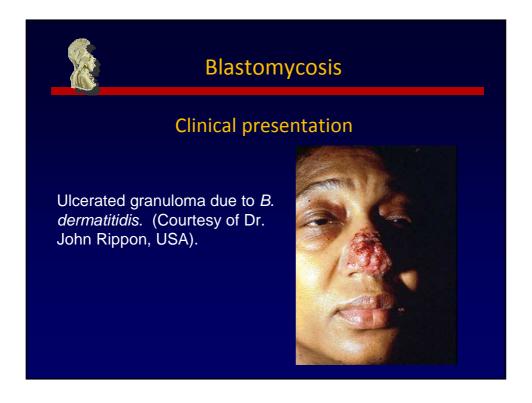
Blastomycosis

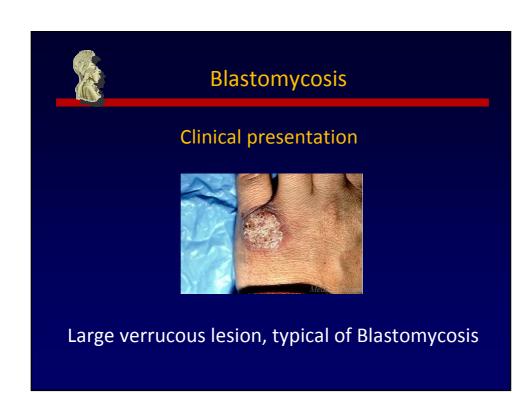
Case reports from Europe (PubMed since 1976)

- 1: <u>Histopathological evidence of North American</u> <u>blastomycosis in Italy: report of two cases.</u>
- Rivasi F, Nanetti A, Cesinaro AM, Mazzoni A. APMIS. 2000 Apr;108(4):273-5.
- 2:Long-term observation of a case of cutaneous blastomycosis in Poland treated with fluconazole Chodorowska G, Lecewicz-Toruń B.
- Mycoses. 1996 Jul-Aug;39(7-8):283-7.
- 3: Pneumonia due to blastomyces dermatitidis in a European renal transplant recipient.
- Winkler S, Stanek G, Hubsch P, Willinger B, Susani S, Rosenkranz AR, Pohanka E.
- Nephrol Dial Transplant. 1996 Jul;11(7):1376-9. Review.
- 4: Blastomycosis in an HIV antibody positive male in th UK.
- Nelson MR, Barton SE, Hawkins DA, Gazzard BG. Int J STD AIDS. 1993 May-Jun;4(3):176-7.
- 5: Macroscopic and microscopic characteristics of an
- Mercantini R, Marsella R, Moretto D, Mercantini P, Balus L, Mastroianni A, Ferraro C.
- Mycoses. 1995 Nov-Dec;38(11-12):477-80.

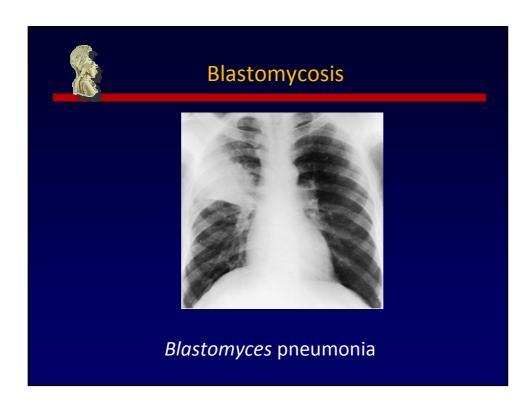
- 6: Favourable outcome of blastomycosis of the brain
- Taillan B, Ferrari E, Cosnefroy JY, Gari-Toussaint M, Michiels JF, Paquis P, Lefichoux Y, Dujardin P. Ann Med. 1992 Feb;24(1):71-2.
- 7: [North American blastomycosis in an African patient-clinical aspects, therapy, immunologic parameters]
- Kaben U, Uhlmann H, Westphal HJ, Schütt C, Skierlo P. Mykosen. 1985 Dec;28(12):585-94. German.
- 3: North American blastomycosis in Africans
- Emerson PA, Higgins E, Branfoot A.
- Br J Dis Chest. 1984 Jul;78(3):286-91.
- [North American blastomycosis and its possible occurrence in Poland]
- Kowalska M, Hański W, Bieluńska S, Gawkowska-Turyczyn M. Przegl Dermatol. 1976 Sep-Oct;63(5):641-7. Polish.

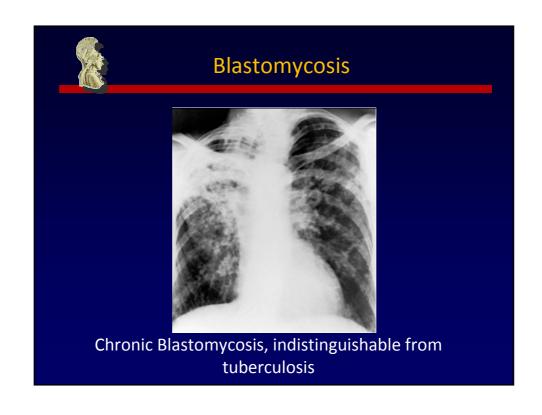














Blastomycosis

Therapy

- In the immunocompetent host, acute pulmonary blastomycosis can be mild and self limited and may not require treatment. However, consideration should be given to treating all infected individuals to prevent extrapulmonary dissemination.
- All persons with moderate to severe pneumonia, disseminated infection, or immunocompromise require antifungal therapy.



Blastomycosis

Therapy

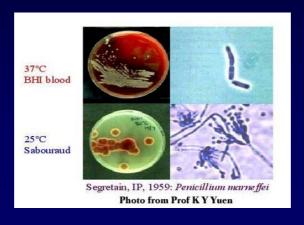
Evidence based guidelines for the management of patients with histoplasmosis were prepared by an Expert Panel of the Infectious Diseases Society of America.

These updated guidelines replace the previous treatment guidelines published in 2000:

Chapman et al, Clin Infect Dis 2008; 46:1801–12



Caused by *Penicillium marneffei* (Dimorphic fungus)



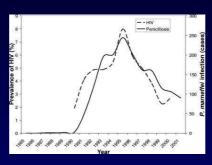


Penicillinosis marneffei

Epidemiology

- Endemic in SE Asia
- Incidence rising due to spread of HIV in region. It is the 3rd OI in HIV-infected pts in Northern Thailand
- Presumed association with bamboo rats
- Case reports in Europe of patients from endemic areas (Thailand, China), with HIV co-infection





Temporal emergence of HIV (antenatal data, 1990 to 2000; UNAIDS/WHO working group report, 2003) and *P. marneffei-*associated penicilliosis (1985 to 2001; Maharaj Hospital, Chiang Mai) for the Chiang Mai region, northern Thailand.

Clin Microbiol Rev. 2006 January; 19(1): 95-110.

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Case reports of Penicilliosis in Europe

Filiotou A, Velegraki A, Giannaris M, Pirounaki M, Mitroussia A, Kaloterakis A, Archimandritis A.

Am J Med Sci. 2006 Jul;332(1):43-5. PMID: 16845242 [PubMed - indexed for MEDLINE] Related Articles

Disseminated Penicillium marneffei infection in an HIV-positive Italian patient and a review of cases reported outside endemic

Antinori S, Gianelli E, Bonaccorso C, Ridolfo AL, Croce F, Sollima S, Parravicini C.

J Travel Med. 2006 May-Jun;13(3):181-8. Review. PMID: 16706952 [PubMed - indexed for MEDLINE]

Related Articles

Disseminated Penicillium marneffei sepsis in a HIV-positive Thai woman in Denmark.

Mens H, Højlyng N, Arendrup MC.

Scand J Infect Dis. 2004;36(6-7):507-9.

PMID: 15307585 [PubMed - indexed for MEDLINE]

Related Articles

<u>Two imported cases of Penicillium marneffei infection in Belgium.</u>

Depraetere K, Colebunders R, leven M, De Droogh E, Pelgrom Y, Hauben E, Van Marck E, Devroey C. Acta Clin Belg. 1998 Aug;53(4):255-8.

PMID: 9795445 [PubMed - indexed for MEDLINE]

Related Articles



Clinical presentation

- >Low-grade fever, weight loss
- Skin lesions in 60%, typical, umbilicated, molluscum contagiosum-like
- ➤ Fungemia in 50%







Typical papules often with a central necrotic umbilication "Molluscum contagiosum" like lesions caused by *P. marneffei* in an HIV+ patient. (Courtesy Dr. P. Jones, Sydney, N.S.W.).



Penicillinosis marneffei



Cutaneous lesions resulted from the dissemination of the fungus from the lungs. The patient's underlying disease is AIDS





"Molluscum contagiosum" lesions caused by *P. marneffei* in the buccal cavity.

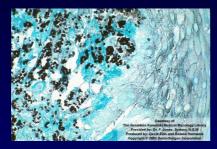


"Molluscum contagiosum" lesions caused by *P. marneffei* below the eye and on the cornea.

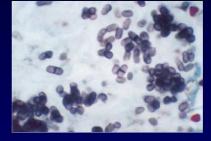


Penicillinosis marneffei

Diagnosis



Methenamine silver (GMS) stained tissue section showing numerous small yeast-like cells of *P. marneffei* that closely resemble those seen in Histoplasmosis.



Penicillium marneffei in splenic abscess. Transverse septa are noted



Diagnosis





Culture of *P. marneffei* showing distinctive red diffusible pigment.

The mold resembles other penicillium species.



Penicillinosis marneffei

Therapy

Amphotericin B as induction treatment, followed by oral itraconazole or oral itraconazole only + HAART and oral itraconazole as secondary prophylaxis after treatment of penicilliosis.

The prognosis appeared satisfactory with early diagnosis and administration of appropriate antifungal therapy.



Therapy

Micafungin enhances the efficacy of itraconazole or amphotericin B in vitro and might have a potential role in combination therapy

Immunocompromised patients who have been successfully treated should receive oral itraconazole as a maintenance therapy to prevent relapse.



Imported systemic mycoses

Conclusions

- Given the rarity of imported systemic mycoses, differential diagnosis may be extremely difficult.
- More awareness of these otherwise curable diseases could facilitate diagnosis.
- Early initiation of therapy could prevent considerable morbidity and mortality

